

Aikido camp Iván Ozorák, Zsolt Aranyi, Attila Molnár - 3 of a Kind  
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### **Almost full house**

Z. Noémi

Recently, I have participated in an Aikido training "camp", called 3 of a Kind, organized by Iván Ozorák, Zsolt Aranyi and Attila Molnár. Although, I consider them masters, I won't call them like that because they prefer to be called instructors or enthusiastic amateurs, in spite of the number of dans they have. Maybe, they would like to highlight, that with regards to respect, the work done on the tatami matters more than the acquired dans. A certain dan is not equal with the position of a master.

Three adventurous instructors we face here, with different approaches to Aikido. The combination of Tissier's, Tamura's and Michael Narey's ways of training. I don't think, that it is essential to distinguish or compare these "styles", because, since I am a beginner, I didn't feel a great difference between them. To me, the point is that we are here to practice Aikido together and no matter which "style" we are dedicated to.

This may have been the reason for choosing this name, 3 of a Kind, which means 3 identical cards in poker. Although we practice Aikido in different ways, all of us work for the same goal.

This is the first "not Tissier's" Aikido camp that I attended. I even thought that my ikkyo has to be reconsidered, which sometimes happens if I train with strangers and I am distracted by minor differences, but actually, there are no big differences in the basic techniques, only everybody's Aikido is unique.

There are some kind of "teaching type" Aikidokas in every camp, who like to explain everything. At this time, I have a feeling, as if this person is trying to tell me about his or her understanding of the techniques and not the one that has been shown. Even though, it is good to get an explanation about the theory, I don't think, it is right to do it during practice. There is one master on the tatami and not as many as we are.

With regards to this, a question comes up. In a camp like this, with a new instructor, how do we keep our attention?

Paying attention to the teaching is very important, as we tend to follow our routine and not the actual exercise. We have to do what we can see and not what we remember of. I often notice that I do this kind of "routine practice", because I think it is safer and gives me confidence. So, we have to focus hard to follow the instructor! Some trainers do not expect this kind of execution of his technique, well, in this case, trying out our everyday practice in a different situation can be interesting.

Both concepts can be effective or work next to each other. I don't believe that we can or should make a decision about their priorities. It is good to think differently and freely.

In my opinion, the most important thing is to accept and respect each other's different opinions, decisions, attitude. On one hand, it is because we all want to achieve the same aims on some other routes and, on the other hand, it is also a fight with ourselves for ourselves.



Thank you for the experiences in the camp!